Documentation Inside!

THIS PRODUCT DEMONSTRATES VARIOUS DRILLS AND EXERCISES PERFORMED BY PHYSICALLY FIT EXPERTS. NOT ALL OF THE DRILLS AND EXERCISES ARE SUITABLE FOR EVERYONE. CONSULT WITH YOUR PHYSICIAN BEFORE BEGINNING THIS OR ANY EXERCISE PROGRAM.

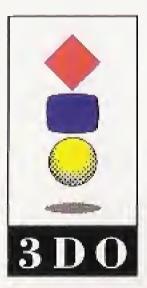
3DO Version

SSK-01-3DO





Total Sports Instruction



Intellimedia Sports, Inc.
Suite 300, Two Piedmont Center
Atlanta, Georgia 30305
Sales: 1-800-269-2101
Customer Support: 1-800-269-2099

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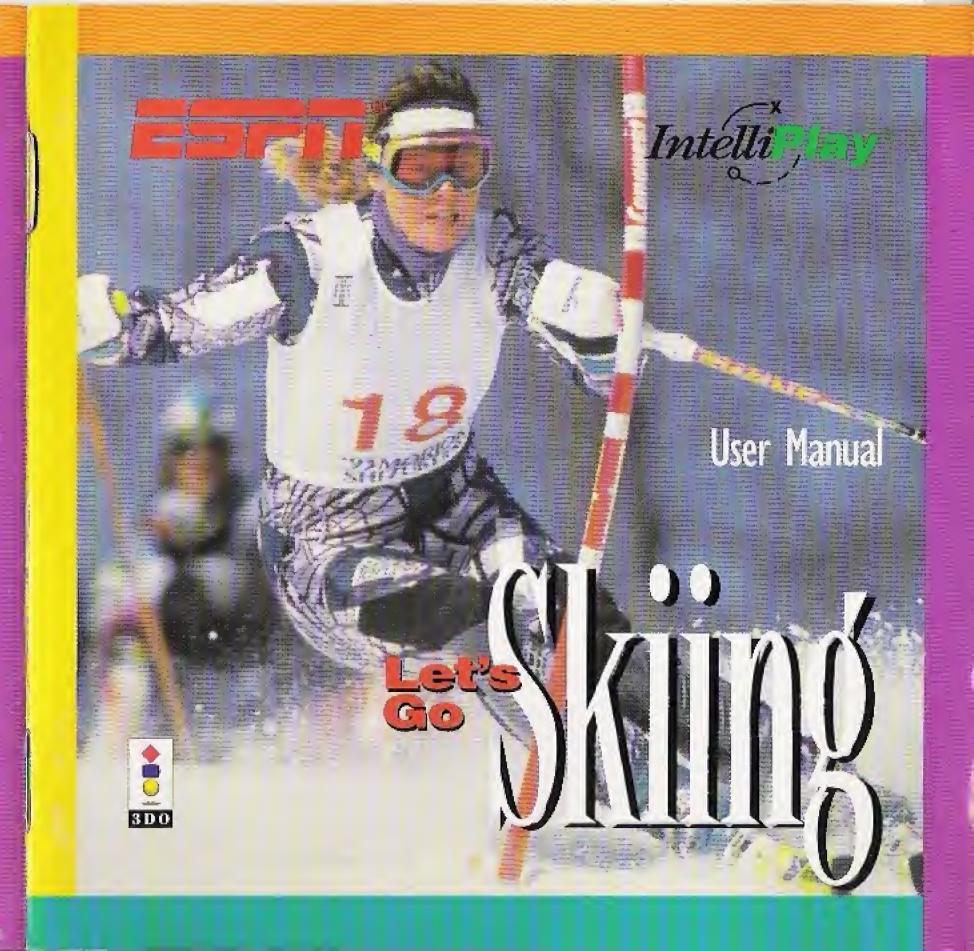


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Snow Drills

GETTING STARTED

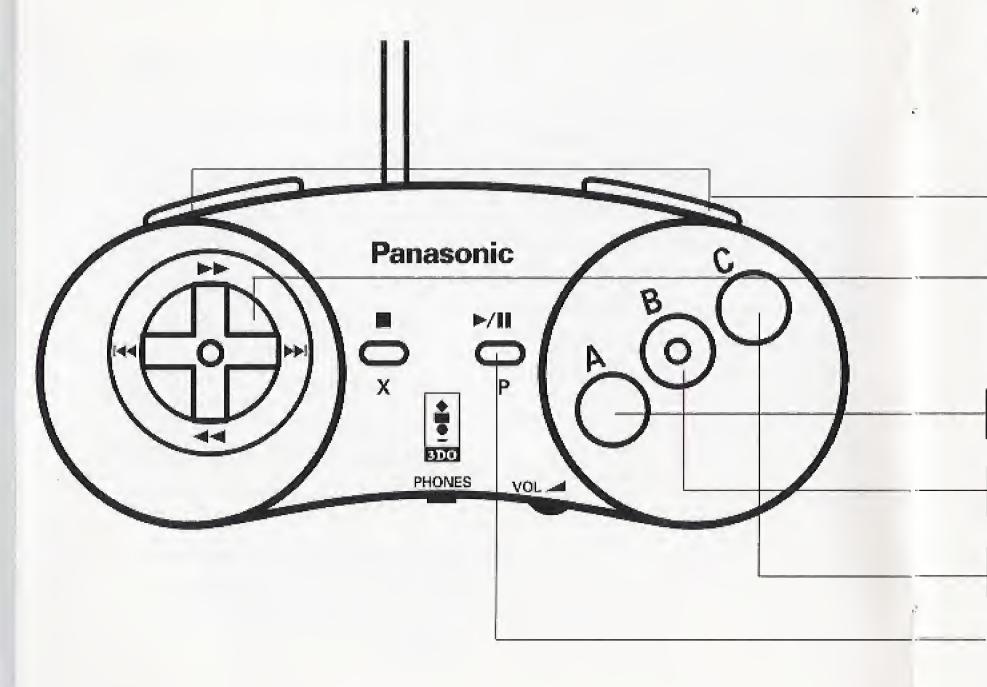
Congratulations on your choice of "ESPN® Let's Go Skiing by IntelliPlay®!"
Now's your chance to perfect your skills on the slopes with some professional insight from three World Cup Downhill Champions: Holly Flanders, A.J. Kitt and Picabo Street. And because you're using an IntelliPlay product, it's always easy to find the information you're looking for.

This IntelliPlay title is very easy to use:

- Turn on your 3DO Interactive Multiplayer.
- 2. Put the IntelliPlay CD-ROM in the CD-ROM tray with the label side up. When you close the tray, the program will begin playing.
- 3. To exit the title at any time, press the Open/Close button on the Multiplayer and remove the CD-ROM. Or simply turn off your Multiplayer.

THAT YOU READ THE NOTICE ON THE BACK COVER OF THIS MANUAL.

Wedge Movements



CONTROL PAD

It's a good idea to get familiar with the functions of your 3DO control pad. Here's a list of the buttons that control the features of this IntelliPlay title:

Rewind (Left and Right Shift): Moves back to the beginning of the currently playing video.

Directional Pad: Allows you to move up, down, left and right among selections and highlights them as you move. Also lets you toggle between the options on the Options Screen.

Play (A): Plays items you've selected when you're in the program or. . .

Toggle (A): Turns options on and off on the Options Screen.

Open (B): Expands the outline for a selected topics list or. . .

Close (B): Collapses the outline for a selected topics list.

Menu (C): Returns to the Main Menu screen or. . .

Credits (C): Displays a list of credits from the Title Screen.

Play/Pause (►/|): Pauses the currently playing video when pressed once. Continues playing the video when pressed a second time.

TITLE SCREEN

When you start the IntelliPlay program, you'll see a **Title Screen** with two buttons.

- Press the Menu (A) button to go to the Main Menu screen displaying the topics covered in "Let's Go Skiing".
- Press the Credits (C) button to view a list of the people who helped to bring you this skiing program.

MAIN MENU

The Main Menu screen appears when you press the A button from the Title Screen. From the Main Menu you can explore the contents of this IntelliPlay title.

To select an item from the Main Menu:

- 1. Use the directional pad to highlight a selection.
- 2. Press the A button to activate your highlighted selection.

From any topics list, you can go back to the Main Menu by pressing the Menu (C) button.

Pressure Control

INSTRUCTION

Holly Flanders, A.J. Kitt and Picabo
Street are your personal instructors
throughout "Let's Go Skiing," giving you
first-hand knowledge of how to ski like
the pros. From the Main Menu, you can
choose from three instruction sections
— Getting Started, Fundamental
Skills and Techniques — each of
which has its own topics list.

Exploring a topics list

To explore a topics list for a particular section:

I. Select a section from the Main Menu and press A.

- 2. Scroll through the topics list using the directional pad on your 3DO control pad.
- 3. Highlight the topic and press

 Play (A). When the item has
 finished playing, the program takes
 you back to the same topics list and
 you're ready to select another item.

If you're playing a video segment and want to go back to the topics list, press the C button.

To collapse the topics list, press the Close (B) button. To expand the list when it has been collapsed, press Open (B) button.

To go back to the Main Menu, press Menu (C).



Autoplay

Autoplay is a special feature that allows you to explore the content without having to select items one at a time. When Autoplay is activated for a group of topics, a graphic appears on your screen between each item telling you that Autoplay has been turned on.

To activate Autoplay:

I. Select a topics list from the Main Menu and press Play (A).

2. From the topics list, highlight the item listed in yellow and press

Play (A). The program will play all topics from beginning to end. When all the items have played, you'll return to the topics list.

Remember, if a topic is listed in white, the Autoplay feature is not available. To play a single topic, highlight it and press Play (A).

Straight Running

Advance/Rewind

To fast-forward, fast-reverse, or rewind a video segment:

- To fast-forward the video while it's playing, press the right directional arrow (►►II).
- To fast-reverse while the video is playing, press the left directional arrow (□ ◄◄).
- To rewind to the beginning of a segment, press the Left Shift or Right
 Shift buttons on your 3DO control pad. (See page 2 for a diagram.)

Remember: This information is digitally read and may tend to look a bit jumpy when fast-forwarding and rewinding.

Open Parallel

To view a particular video sequence in slow motion:

- 1. Select a topic from any list and press Play (A).
- 2. Press the Play/Pause (►/) button.
- Press the right directional arrow
 (▶▶□) to "step" through the video
 frame by frame.
- Press the Play/Pause (►/|)
 button to continue viewing at
 normal speed.

Balance

OPTIONS

The **Options** feature allows you to customize the look and feel of the program by letting you turn on and off the background music, sound effects, and screen saver.

- Select Options from the Main Menu. Each time you run "Let's Go Skiing," all the options are turned on.
- 2. Using the up and down arrows on the directional pad, position the pointer next to the option you wish to customize.

- 3. Turn the selected option on or off by pressing the A button. You can also toggle between the on and off options by using the right and left arrows on your directional pad.
- 4. When you've selected your options settings, press the C button to return to the Main Menu.

Remember: Once you set your options, they remain set that way in the program until you change them or turn off the program.

Edge Control

CONTACTING INTELLIMEDIA SPORTS, INC.

Product Registration

It is extremely important to send in your product registration card. Doing so insures that your warranty is registered and that you receive notice of updates, new IntelliPlay® products and other opportunities from Intellimedia Sports. This information will help us design future IntelliPlay® titles to meet the needs of you and your family.

Customer Support

If you have any problems running this title, you may contact the Intellimedia Sports toll-free customer support line at

1-800-269-2099 or FAX at 1-404-261-2282. You can also contact us through:

- CompuServe at 73361,2442
- our Internet address: support@intellimedia.com

Or, write us at Intellimedia Sports, Inc., Customer Support Department, Two Piedmont Center, Suite 300, Atlanta, GA 30305.

Sales

For information about additional Intellimedia products, you may reach our sales department at 1-800-269-2101 from 9 a.m. to 6 p.m. EST.

If you cannot reach the sales department during normal business hours, please leave a detailed message and we will contact you as soon as possible.

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Rotary Movements

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